

## Year 10 Partnership Evening Key Takeaways:

VISION/MESSAGE FOR THE YEAR: *"Be so good, they can't ignore you"*

What are top tips for a successful Year 10?

### Brilliant basics

An excellent sleep routine

A good skin care and hygiene routine!

Technology and boundaries at bedtime

Breakfast, plenty of food and water throughout day

Prompt arrival at school every day & excellent attendance

Positive attitude toward learning in ALL subjects

Knowing where your children are

### The school/parent partnership

Work with us

Shared values

Shared setting of rules and boundaries

Agreement on standards for uniform, homework and behaviour

Collaboration to solve problems

Communication when things are changing

Parent Communications – please read school e mails



### Sleep – Top Tips

- Wi-fi off at 10pm
- Consoles/plugs out of bedrooms
- Devices out of bedrooms, charging in a communal area
- Use wellbeing settings e.g. Time limits on phones

### Homework for KS4:

Subjects	Number of lessons per fortnight	KS4 – number of homework's per fortnight, 45 mins each
English & Maths	8	4
RE	5	2
Science	9	3 (one per subject)
Options	5	2
Citizenship	1	2 per half term
<b>Total</b>		<b>9-10 per week</b>

### Uniform:

No trainers

Make up permitted (Subtle)

Earrings in both ears

No excess jewellery

Tuck Shirt, Unroll Skirt

### Duke of Edinburgh



### How to help your children prepare for KS4:

- ✓ Right equipment each day
- ✓ Know you timetable
- ✓ Different teachers will teach different units
- ✓ Revision guides & looking over lessons
- ✓ Teams on phone & outlook
- ✓ Take advantage of support and help
- ✓ Use KS4 homework club

### Attendance & Attainment :

- How much does attendance affect Grades?
- Bottom 10% of grades from test week: Average Attendance **89.9%**
- Top 10% of grades from test week: Average Attendance **98.1%**