

SKILLS

YEAR 13

Lifelong participation
Physical, Emotional & Social Health
Leadership, Officiating & Coaching

YEAR 12

Lifelong participation
Physical, Emotional & Social Health
Leadership, Officiating & Coaching

YEAR 11

Lifelong participation
Physical, Emotional & Social Health
Leadership, Officiating & Coaching

YEAR 10

Lifelong participation
Physical, Emotional & Social Health
Leadership, Officiating & Coaching

YEAR 9

Head: thinking, making decisions & processing tasks.
Hands: physical development & application
Heart: development of character

YEAR 8

Head: thinking, making decisions & processing tasks.
Hands: physical development & application
Heart: development of character

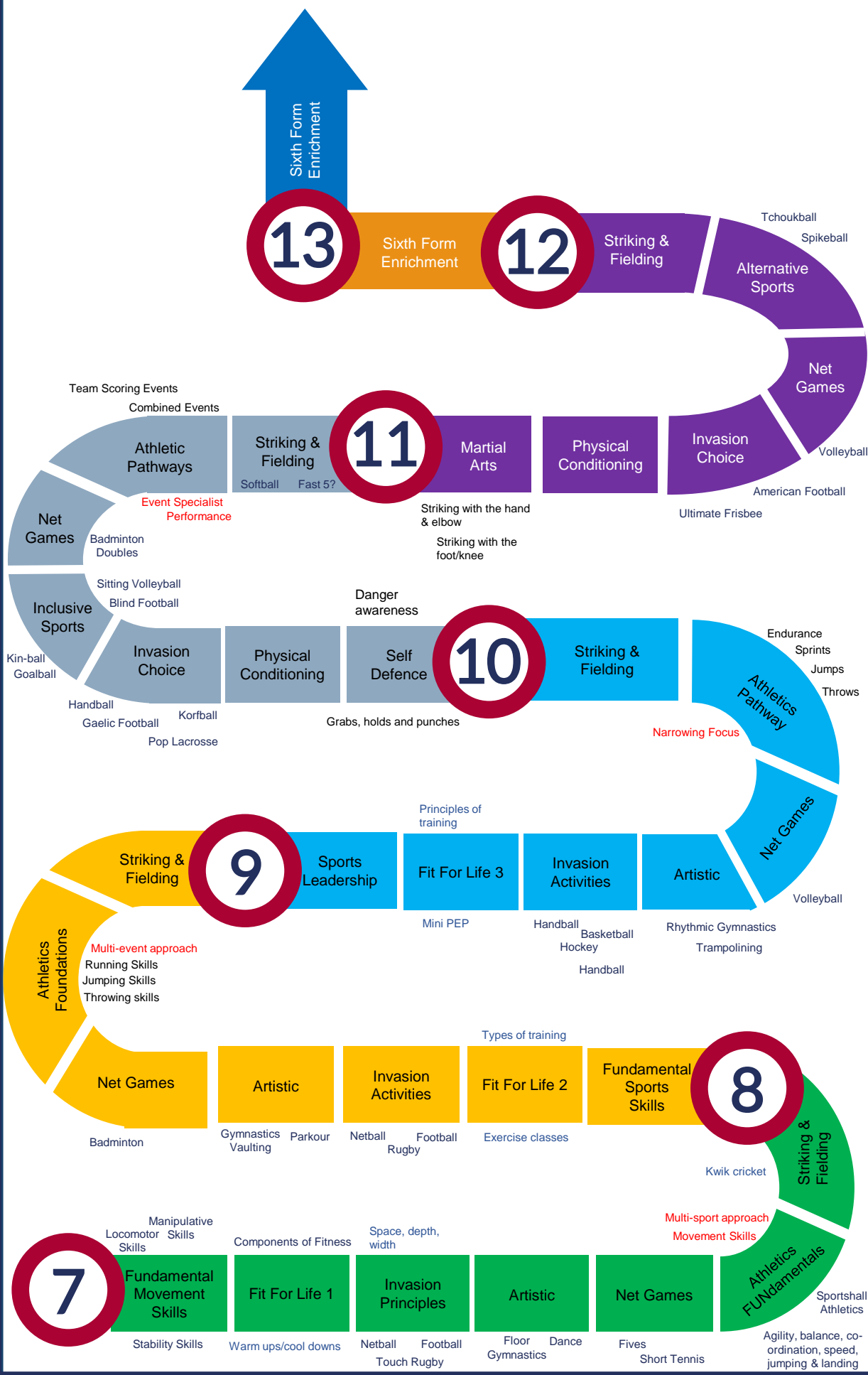
YEAR 7

Head: thinking, making decisions & processing tasks.
Hands: physical development & application
Heart: development of character

CORE PE CURRICULUM ROUTEMAP



'Sport for All, for Life'



SKILLS

YEAR 13 A Level

Describe
Demonstrate
Analyse & Interpret
Evaluate
Apply
Justify
Connections
Explore

YEAR 12 A Level

Describe
Demonstrate
Analyse & Interpret
Evaluate
Apply
Justify
Connections
Compare

YEAR 11 GCSE

Identify
Explain
Analyse
Apply
Evaluate
Interpret
Justify

YEAR 10 GCSE

Identify
Explain
Analyse
Apply
Evaluate
Interpret
Justify

YEAR 9

Identify
Explain
Demonstrate
Analyse
Apply
Create
Connections
Explore

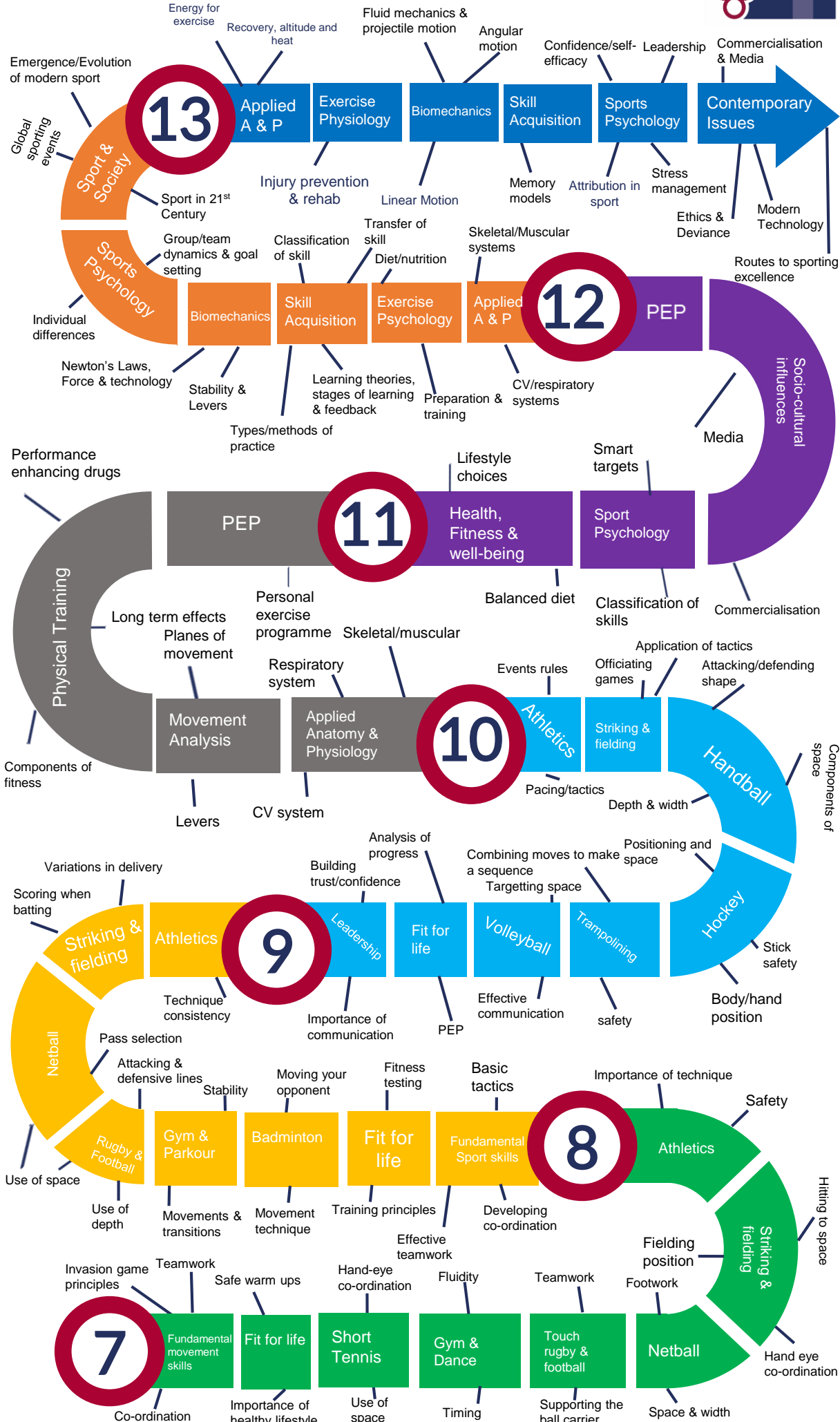
YEAR 8

Identify
Explain
Demonstrate
Analyse
Apply
Create
Connect

YEAR 7

Identify
Explain
Demonstrate
Analyse
Apply
Create

PE THEORY CURRICULUM ROUTEMAP



SKILLS

YEAR 13

Command words
Assessment objectives

YEAR 12

Command words
Assessment objectives

YEAR 11

YEAR 10

YEAR 9

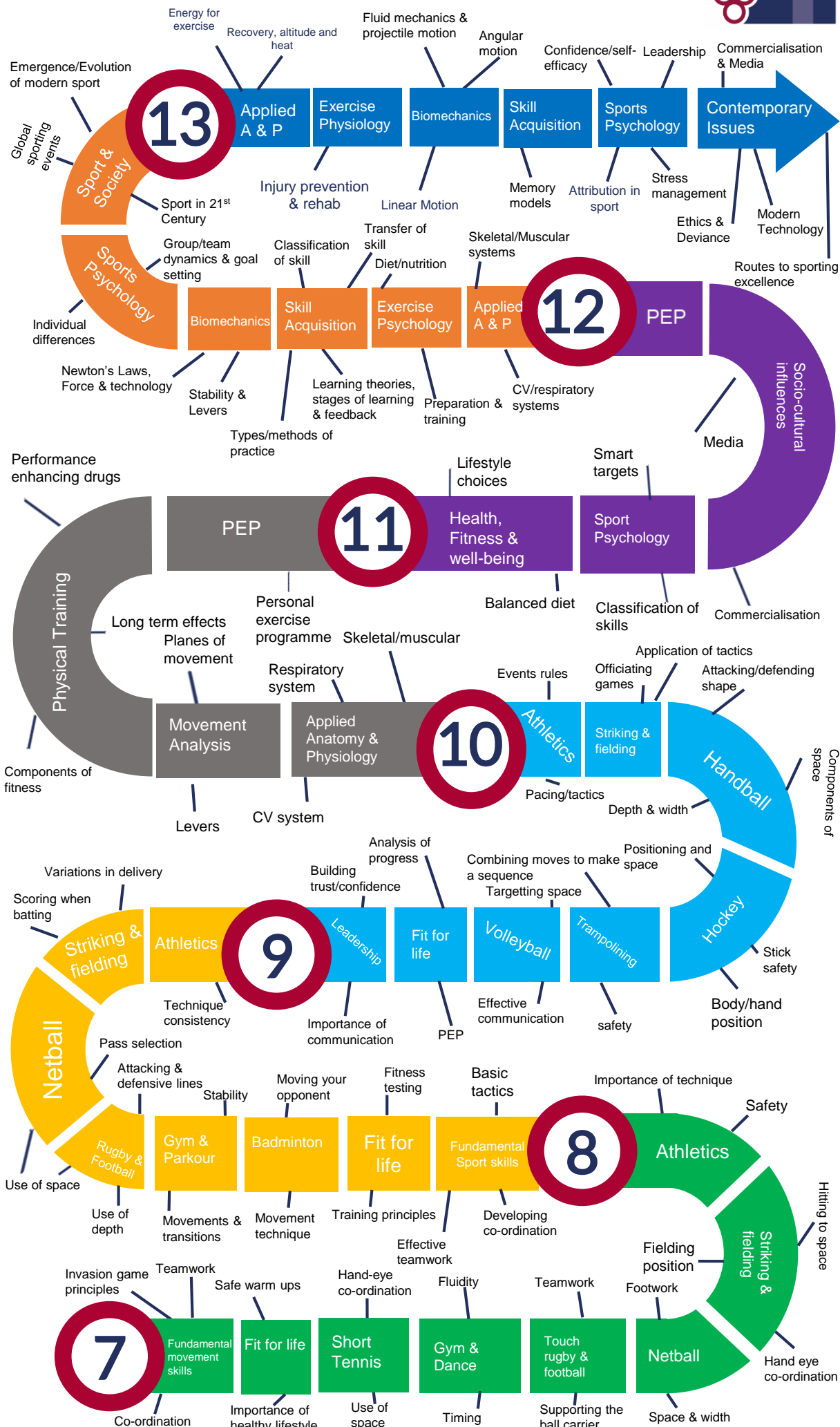
Personalising training to meet individual needs
Safety in sports with risk
Using space as a target
Analysis of own performance
Development of tactical awareness

YEAR 8

Teamwork development – supporting each other
Introduction to choreography & movement
Principles of training

YEAR 7

PE THEORY CURRICULUM ROUTEMAP



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YEAR 9

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Hands: physical development & application
Heart: development of character

CORE PE CURRICULUM ROUTEMAP



'Sport for All, for Life'

Head – how they think about tasks, make decisions and process the tasks
Hands – the physical development and application of skills for each activity
Heart – this is the development of a student's character, resilience, respect, effort and commitment

